

Kentucky Area Health Education Centers (AHEC)

GUIDEBOOK



TABLE OF CONTENTS

KY AHEC Regional Offices and Counties	2
About KY AHECs.....	3
AHEC Rotations.....	4
AHEC Policies and Guidelines	6
Northeast AHEC.....	10
North Central AHEC	12
NorthWest AHEC.....	14
Purchase AHEC.....	16
South Central AHEC.....	18
Southeast AHEC.....	20
Southern AHEC	22
West AHEC	24
AHEC Contacts.....	26
University of Kentucky Department Coordinators	27
University of Louisville Department Coordinators	28

★ Central AHEC Office
▲ AHEC Center

Map of Texas showing AHEC Centers and the Central AHEC Office. The map is divided into regions: West, Northwest, North Central, Northeast, South Central, Southeast, Southern, and Purchase. The Central AHEC Office is located in the North Central region. AHEC Centers are located in the West, Northwest, North Central, Northeast, South Central, Southeast, Southern, and Purchase regions.

2

ABOUT KY AHEC

AHEC is a collaborative effort of the University of Louisville Health Sciences Center, the University of Kentucky Medical Center and eight regional centers. The AHECs work to improve the recruitment, distribution and retention of health care professionals (particularly in Primary Care) in medically under-served areas throughout the state commonwealth. Each regional AHEC center serves a specific geographic area of the state, and is responsible for certain counties in their area.

What does AHEC do?

AHEC connects the academic health education programs at the University of Louisville and the University of Kentucky with medically under-served communities throughout the Commonwealth. This unique University/Community partnership brings together educators, community practitioners, health institutions and agencies along with health professions students to address Kentucky's long-standing health care access problems.

AHEC Goals

The goals of the Kentucky Area Health Education Centers (AHEC) Program are to improve the distribution, quality, utilization and efficiency of health care personnel. Each year, approximately 4,470 students from medicine, nursing, dentistry, allied health, public health, pharmacy and social work complete clinical learning experiences in the Kentucky AHEC Program.

Regional Offices

The Kentucky AHEC System is a cooperative venture of the University of Louisville Health Science Center and the University of Kentucky Medical Center. Through state and federal funding, eight centers or AHECs are maintained at strategic locations throughout the state. The following offices are under the direction of the AHEC program office at the University of Louisville School of Medicine:

- South Central AHEC (Bowling Green)
- Jackson Purchase AHEC (Murray)
- West AHEC (Madisonville)
- Northwest AHEC (Louisville's West End)

The following offices are under the direction of the AHEC program office University of Kentucky College of Medicine:

- Northeast AHEC (Morehead)
- Southern AHEC (Mt. Vernon)
- Southeast AHEC (Hazard)
- North Central AHEC (Covington)

Each AHEC is responsive to a specific area of the state and is staffed by a Center Director and discipline specific staff that will assist students and provide information about the area. Each regional office serves as a focal point for all student activity in their designated areas. Students from both universities are welcome at any of the locations.

AHEC ROTATIONS

AHEC rotations provide students with an opportunity to look at the health profession from a broader perspective by participating in a clinical rotation away from the University. As part of each AHEC rotation, you are paired with a community preceptor who acts as mentor and role model, helping in strengthen your skills in patient examinations and consultations, diagnostic and treatment assessments. Community preceptors share hands-on medical knowledge, dedication and a spirit of service not easily conveyed in the classroom.

Students also live in the community of the clinical rotation, which allows them to be engaged members of a rural and/or underserved community.

Goals of AHEC Rotations

The following specific goals have been developed in regard to student and resident rotations:

- AHEC experiences should provide every student and resident with quality instruction in his or her discipline. This is achieved through careful selection of community-based faculty and on-going monitoring of training sites.
- Students and residents should have the opportunity to learn about the operation of an interdisciplinary health care team. Clinical experience in primary care centers, community hospitals and with practitioners in private practice are ideal settings in which to gain an approach to the provision of health care.
- The AHEC Program is committed to the idea that students and residents should come to appreciate the cultural and recreational diversity and wealth of professional opportunities throughout the Commonwealth. Accordingly, Center Directors and AHEC staff are available to visit students and residents to help integrate them to life of communities where they are working.

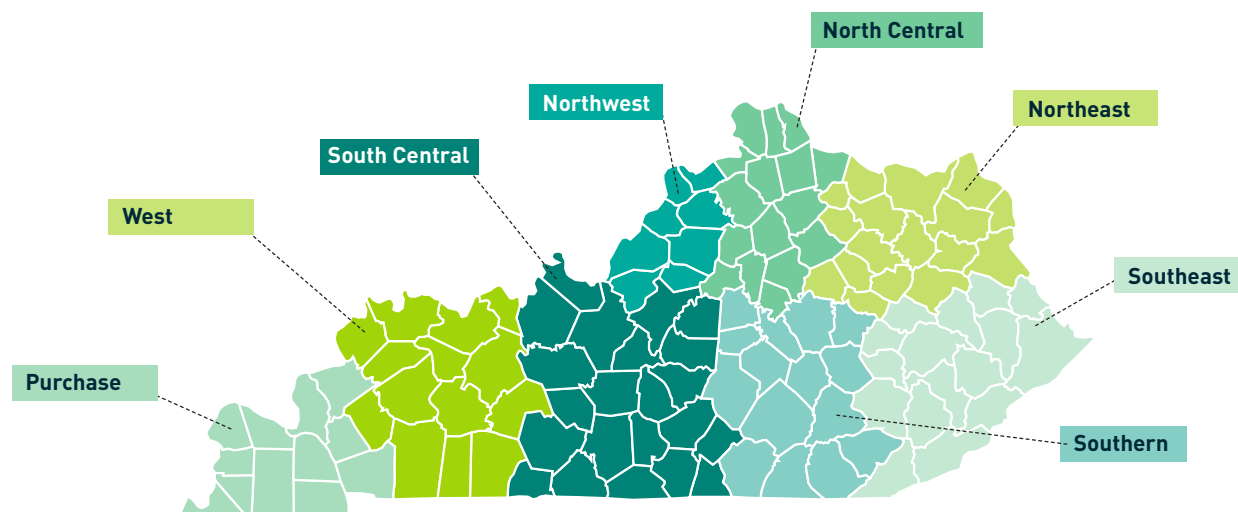
AHEC Sites

AHEC clinical rotations take place at private doctor offices or hospitals in rural or urban medically underserved communities, designated by the Federal Government as Medically Underserved Areas (MUA's) or Health Profession Shortage Areas (HPSA's). These clinical sites are classified as "AHEC sites" therefore students on rotations at these sites qualified for assistance with travel, lodging and other expenses from the University of Kentucky and the University of Louisville. Almost all sites in rural Kentucky qualified as AHEC sites.

However, in some counties within the North Central, North East and Northwest regions, only certain urban clinical sites are eligible for AHEC support. These sites, called Population Designated Sites, are selected based upon the demographics of the population served. If the rotation site is within a population designated county, the site must be designated as AHEC eligible by the Regional AHEC Advisory Board. The Regional AHEC Advisory Boards determine the qualifications for a site to be designated as "AHEC". Those qualifications could include a high percentage of Medicaid patients or high proportion of minority patients.

For questions on whether a clinical rotation site qualifies as an AHEC site, contact the Central AHEC office for more information.

Kentucky's Area Health Education Centers



Clinical Coordinators

Ten AHEC clinical coordinators from eight regional offices across Kentucky are tasked with facilitating AHEC clinical rotations for students. Their roles include setting up clinical rotations, credentialing, housing and general support for students. Since clinical coordinators also reside in the community where AHEC rotations take place, they can help you integrate into the community by introducing you to community members, local attractions, and community involvement opportunities.

Every spring, the AHEC Central Office at the University of Louisville sponsors an AHEC Fair for all Health Professions students interested in doing an AHEC rotation. Students should attend the fair as it is a great opportunity to speak with AHEC coordinators from across the state. Students at the University of Kentucky will also have the opportunity to meet regional AHEC coordinators or the UK AHEC representative at college specific orientations.

AHEC ROTATION GUIDE & POLICIES

Below are general rotation policies and guidelines for all AHECs. Please check with the regional AHEC office and your University for additional site specific information.

Fact Sheet

All students must complete an AHEC Fact Sheet and turn in to the AHEC office at least four weeks prior to beginning your rotation. The AHEC Fact Sheet provides the program with reliable data on student/resident rotations and serves as a mechanism for communication among AHECs in order to activate specific service as you initiate your rotations. You can find the college specific Fact Sheets at the links below:

- **U of L Students:**
<https://louisville.edu/medicine/ahec/clinical>
- **UK Students:**
<https://medicine.mc.uky.edu/AHECFactSheet>
- **Other Students:** Contact the regional AHEC offices for additional information

Housing

You may arrange your own housing during your rotation or request that the AHEC Regional Center make the arrangements. Please indicate your preference or any special housing needs on your Fact Sheet.

AHEC interviewed all housing hosts and inspected all the sites. However, AHECs assumes no responsibility for the safety of the student and/or his or her property at the selected housing site. All responsibility for the conditions of the housing, including the safety of the housing facilities, is solely that of the landlord.

Depending on the county of the clinical rotation, housing options will vary. Check with the clinical coordinator of the AHEC region you're interested in for available housing options.

Housing Note: Prior to arriving at your housing site, check to see if you will need to bring such items as linens, cooking utensils, alarm clock, compact refrigerator, televisions, etc. Each site is different and it is your responsibility to find out exactly what you are expected to supply.

The following rule applies to all AHEC housing sites:

- Rent payment is due upon arrival
- No pets are allowed
- No guests are allowed
- Housing is subject to availability of the housing host

Reimbursement for Housing: AHEC arranged housing will receive a housing stipend. Students that commute daily or arrange their own housing will not qualify.

Students or residents completing rotations at AHEC sites scheduled for less than three weeks may not be eligible for housing and travel allowance from the AHEC office. Please check the University of Louisville and University of Kentucky for specific policy.

• University of Kentucky Students:

Each student will receive \$100 per week for housing. The housing reimbursement check is issued in the student's name. Students must complete the AHEC rent receipt form and have the landlord sign the form. This form must be returned to the AHEC Central Office as soon as possible after the rotation end date. Rent receipts can be obtained from the AHEC Central Office or the Central Office website at <https://ahec.med.uky.edu/>.

To request a housing reimbursement check, contact Lisa Hatten at: (859) 323-1378 or lisa.hatten@uky.edu.

In some instances, the AHEC Central Office makes direct payment for housing to the regional AHEC, in which case the student does not receive a rent allowance and no rent receipt is required.

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• University of Louisville Students:

Students on approved AHEC rotations will receive a flat rate stipend of \$400.00 for a 4 week rotation period. If housing stipend was requested on the Fact Sheet, you will receive the stipend within a week of the request via the Higher-One Credit card system. For questions regarding housing stipends, contact Lynn Daugherty at (502) 852-2759 or lawana.daugherty@louisville.edu.

Residents should contact the U of L Central AHEC Office to complete and sign a University Travel Voucher. This has to be done within 60 days of the completion of your rotation.

A student will not be reimbursed for housing if he/she lives with parents or relatives, but the student will receive the mileage allowance. For purposes of AHEC rent payment, "relatives" are defined as parents, grandparents, siblings, aunts, uncles, cousins, in-laws, etc.

Mileage

Students on AHEC qualified rotation can qualify for mileage reimbursement. The amount of money students received for travel reimbursement depends on the distance students travel from the University to the rotation site. See below for reimbursement rate from each university.

The University may delegate certain students as a commuter. Students should contact their respective University for more information regarding commuter status.

- **University of Kentucky Students:** Mileage is reimbursed on a tiered scale based on the distance from the student's hubsite to the location that the rotation takes place.

Round trip mileage:

40 – 200 miles = \$50
200 – 400 miles = \$75
Over 400 miles = \$100

Mileage checks may only be picked up from the UK AHEC Central office after you complete the rotation and the offsite assessments at <https://redcap.uky.edu/redcap/surveys/?s=4ob7NHA>. If you utilized AHEC funds for housing, we must have a completed rent receipt on file in order to issue the mileage check.

Incidental Travel: Some rotations require the student to travel between multiple sites. Additional travel expenses incurred as a result of course requirements generally are not reimbursed. However, should travel requirements exceed 60 miles per day, the student will be reimbursed for mileage in excess of 60 miles per day at the University rate. In such instances, the student will be required to document the mileage and provide that information to the AHEC Central Office at the time of account reconciliation at the end of the rotation.

- **University of Louisville Students:** Mileage is reimbursed on a tiered scale based on the distance from the University to the location that the rotation takes place.

One way mileage:

0 – 49 miles = \$0
50 – 74 miles = \$50
75 – 99 miles = \$75
100 – 124 miles = \$100
125 – 149 miles = \$125
150 – 174 miles = \$150
175 – 199 miles = \$175
200 – 224 miles = \$200

Students on an AHEC qualified rotation will automatically receive the mileage reimbursement via the Higher-One Credit card system.

Clinical Hub Site (UK students only)

In some cases, students will relocate for a substantial part of their clinical years, (eight or more months out of 12). This is termed a Clinical Hub Site and refers to the town or city where the student resides. In such cases, the course director will inform the AHEC Central Office of the student's Clinical Hub Site. Students who have relocated in this way will not be eligible for AHEC support for rotations done in and around the Clinical Hub Site. Check the [UK AHEC website](https://ahec.med.uky.edu/rotation-information) for additional information: <https://ahec.med.uky.edu/rotation-information>.

If the rotation is more than 60 miles round trip from the Clinical Hub Site and outside the county, students are eligible for the rent and round trip mileage per month, provided they reside in the community where the rotation will take place.

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Credentialing

All students are required to bring a picture ID and immunization records to the rotation on their first day. Each site has different requirements, so pay close attention to the instructions provided on the confirmation email sent by the regional AHEC office. Some credentialing processes will take longer, so make plans to do so in advance. An increasing number of sites are requiring more recent background checks and drug screening.

Background check

- **University of Kentucky:** Students can obtain a copy from <http://courts.ky.gov> for a fee. No reimbursements are offered through the UK AHEC office.
- **University of Louisville:** Contact the U of L AHEC Central Office at 502-852-3317 to initiate your background check. The office can access your background records directly from the website, so be prepared to provide your name, address, phone number, email, date of birth and social security number. The office can email you a copy within 1 to 2 days.

Drug Screening

- **University of Kentucky:** Each department handles drug screens directly. If you have questions about where to get drug screened, contact your department and/or course coordinator.
- **University of Louisville:** Contact the U of L AHEC office to request a prepared letter for you to print and take to Campus Health Services (University of Louisville Outpatient Care Center, 401 E. Chestnut Street, Suite 110, Louisville, KY, 40202). You must provide this letter to Campus Health in order for them to bill the department directly. Without this letter, you will be prompted for payment, which will not be reimbursed by the University.

Drug screen testing should be done at the U of L Campus Health Services office located at: University of Louisville Outpatient Care Center, 401 E. Chestnut Street, Suite 110, Louisville, KY 40202, (502) 852-6446.

Code of Conduct

You are expected to maintain the professional code of conduct set by your University during your clinical rotation. This includes being punctual or notifying the preceptor if an emergency arises which will delay your arrival. If during your clinical rotation you must be absent for a day, it is your responsibility to inform your preceptor of your absence.

Dress Code

Each college has established guidelines regarding dress that students and residents are expected to adhere to while on off-site rotations. If a particular institution or community-based faculty member requests a specific manner of dress, students/residents should dress accordingly.

In general, students should be well groomed and dressed in a professional manner. General guideline for ladies is to cover from knee to neck. For gentlemen, top and bottom should overlap so that no underwear is showing. Keep in mind that you are also representing your University when you're out on clinical rotation in the community.

Emergencies

Please be sure your family and/or significant other know how to reach you in the event of an emergency. If you become ill, contact your preceptor.

In the event of exposure to blood borne pathogens, the student should notify the supervising clinician/preceptor immediately and contact University Health Service:

- **University of Kentucky: (859) 323-2778.** If the University Health Service is closed, the student should contact the on-call University Health Service physician immediately by calling (859) 323-5321 and asking the operator for the Health Service physician on-call.
- **University of Louisville: 1-800-334-8635.** If you have an exposure from a high-risk patient, (HIV positive patient), please call (502) 852-6446 and speak to the physician on call.

Students should also contact their regional AHEC office at any time for assistance.

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Health Insurance

You must be covered by a health insurance plan or be willing to accept financial responsibility for any medical care you may receive while on a clinical rotation.

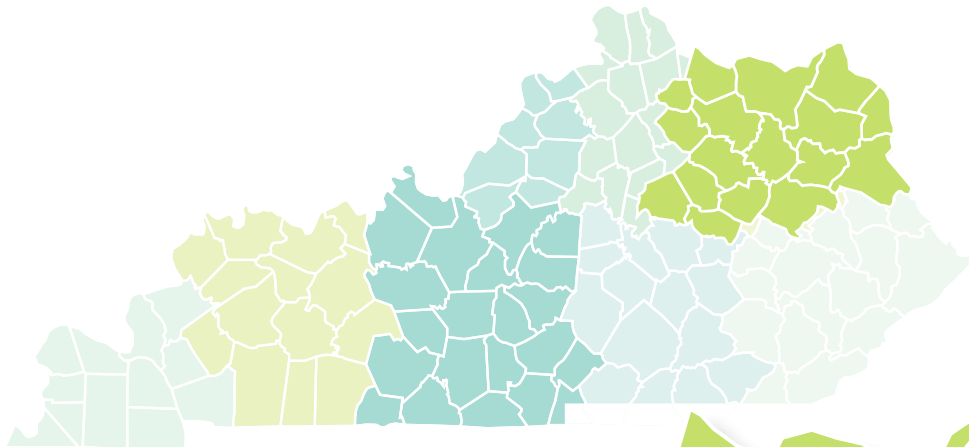
AHEC Rotation Confirmation/Changes

To ensure the quality of the rotation placement and to reduce burden to preceptors, AHECs require that students go through the university departmental clerkship coordinators to request AHEC placements. Fill out an AHEC factsheet and return it to the department in which you want to do the rotation. The university clerkship coordinators will send the request to AHEC for placement.

If you want to make any changes/cancellation to a confirmed rotation, contact the clerkship coordinator at your school immediately. It will be up to the departmental clinical coordinator to determine if the reasons provided warrant a change/cancellation in rotation.

Students may suggest new sites and preceptors but need to contact the department at the University so the site can be reviewed, evaluated and approved by the program office.

NORTHEAST AHEC



Northeast AHEC

Northeast AHEC
Center for Health, Education and Research Building
316 W. Second St. Suite 203
Morehead, KY 40351
Phone: (606) 783-6506
Fax: (606) 784-2767
www.neahec.org

Staff:

David Gross, Center Director
Jessica Caudill, Student Services Coordinator
Sue Russell, Educational Assistant



Northeast AHEC Counties:

Bath	Mason
Boyd	Menifee
Carter	Montgomery
Clark	Morgan
Elliott	Nicholas
Fleming	Powell
Greenup	Robertson
Lawrence	Rowan

NORTHEAST AHEC

History

The NE AHEC has been contributing to improved access and higher-quality health care in northeastern Kentucky for more than 30 years. In conjunction with its host institution, St. Claire Regional Medical Center, and educational affiliate, the University of Kentucky, the NE AHEC began initial formation in 1983, with an office based in Morehead. At the time, the NE AHEC was one of the first regional offices to be developed in the state. Today, the NE AHEC continues to grow through its continued partnership with SCR and UK, as well as collaborations with other state, regional, and local health-focused organizations.

About the Region

The NE AHEC serves a 17-county region of northeast Kentucky, running along the I-64 corridor. The region, which sits in the foothills of the Appalachian Mountains, is medically underserved, comparatively unhealthy, and socioeconomically disadvantaged. Most of the Northeast AHEC's service counties are federally designated as medically underserved areas or medically underserved populations. Our service counties are: Bath, Boyd, Carter, Clark, Elliott, Fleming, Greenup, Lawrence, Lewis, Mason, Menifee, Montgomery, Morgan, Nicholas, Powell, Robertson, and Rowan.

In collaboration with a variety of partners, the NE AHEC has assisted in providing the northeast Kentucky region with unique health careers educational opportunities including the University of Kentucky's Rural Physician Leadership Program, the University of Kentucky's Physician Assistant satellite campus, four "hub" sites for University of Pikeville Kentucky College of Osteopathic Medicine students, and the Murray State University Nurse Anesthetist satellite campus.



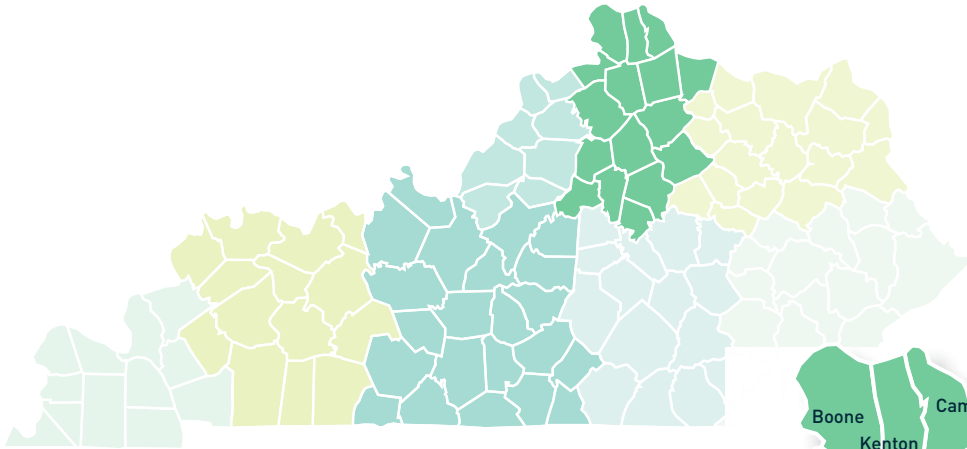
Student Services

The Northeast AHEC has a wide variety of services to offer students of all educational levels. A major feature is the coordination of off-site clinical experiences. We strive to ensure that all aspects of the clinical rotation are as educational and memorable as possible.

A key service of the AHEC is to provide students with safe, comfortable, and affordable housing accommodations while on rotation. Accommodations range from guest rooms in private homes to on-site apartment living. Most accommodations are located within minutes of the clinical site.

Another vital function of the Northeast AHEC is to recruit prospective volunteer faculty to teach students in rural settings. The AHEC develops and maintains a continuing bridge between the physician in the community and the University. This service insures that post-graduate students will have access to a vast selection of preceptors.

NORTH CENTRAL AHEC



North Central AHEC

Gateway Community & Technical College

131 East 5th Street

Covington, KY 41011-1615

Phone: (859) 442-1194

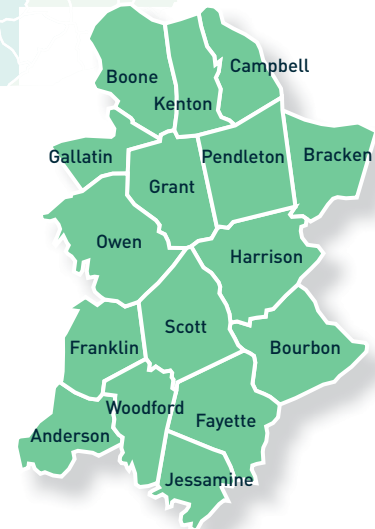
Fax: (859) 581-0589

www.northcentralkyahec.org

Staff:

Rose Mueller, Center Director/Clinical Coordinator

Aime Rice, Clinical Coordinator



North Central AHEC Counties:

Anderson	Grant
Boone	Harrison
Bourbon	Jessamine
Bracken	Kenton
Campbell	Owen
Fayette	Pendleton
Franklin	Scott
Gallatin	Woodford

NORTH CENTRAL AHEC

History

The North Central Area Health Education Center (NC AHEC) is the newest of Kentucky's Area Health Education Center, beginning in July, 1998, serving 16 counties in north central Kentucky. Based in Covington, Kentucky, only 1 miles from downtown Cincinnati, the NC AHEC has working relationships with area community groups, health care centers, and schools and colleges. The host site and fiscal agent for the NC AHEC is Gateway Community and Technical College.

About the Region

The NC AHEC stretches from the Bluegrass of the Lexington-Fayette county area to the urban core of northern Kentucky. Attractions include:

- **In Cincinnati, just across the Ohio River:** pro sports (Cincinnati Reds, Cincinnati Bengals), the Cincinnati Zoo, arts venues (Cincinnati Art Museum, Aronoff Performing Arts Center, Music Hall, Cincinnati Museum Center and others), and many restaurants, specialty eateries, jazz clubs and bars.
- **In Northern Kentucky:** Newport on the Levee (an entertainment and restaurant venue), Newport Aquarium, Mainstrasse in Covington, Florence Freedom semi-pro baseball team, the Kentucky Speedway, and hiking/walking trails in the more rural areas.
- **In Central Kentucky:** UK football and basketball, Keeneland, the Kentucky Horse Park, Shaker Village, and numerous wineries and bourbon distilleries.
- **State parks in/around the area:** General Butler State Resort Park, Blue Licks Battlefield State Park, and Big Bone Lick State Park.

Health statistics for the region:

For KY county healthcare profiles

cedik.ca.uky.edu/data_profiles/healthcare

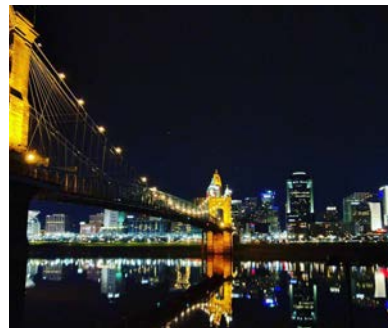
For health statistics on all KY counties

www.kentuckyhealthfacts.org

Student Services

Rotations in NC AHEC:

AHEC qualified clinical rotations in the NC AHEC region need to be in rural counties (Bracken, Pendleton, Grant, Owen, Harrison, Gallatin) or urban counties (Anderson, Boone, Bourbon, Campbell, Fayette, Franklin, Jessamine, Kenton, Scott, Woodford). The NC AHEC Clinical Coordinator will work with the community based preceptors in the region to arrange and confirm these rotations.



Rotations in the urban counties must be at underserved sites which are determined by the Clinical Coordinator.

Housing

The NC AHEC utilizes private homes close to rotation sites. Students will always have a private bedroom, bathroom and access to a kitchen and laundry. Internet access is provided. Smoking is not allowed in any housing site. Spouses, significant others, children and/or pets cannot be accommodated.

NC AHEC will arrange housing for UK and U of L students (based on availability) if requested. Students can make their own housing arrangements but will only get reimbursement if the housing is with a non-family member.

Housing sites are not available in Anderson, Bourbon, Bracken, Gallatin, Fayette, Franklin, Jessamine, Scott, or Woodford counties.

Rent and mileage reimbursements

Reminbursements for UK and U of L students are discussed on pages 6 and 7 in this guidebook. UK students are reimbursed for travel depending on the distance traveled from the university to their rotation site. Travel is not reimbursed for UK students in Fayette County. In the surrounding 6 counties (see page 7) travel is reimbursed for rotations in AHEC qualified sites only. U of L students are reimbursed for travel depending on the distance traveled from the university to their AHEC qualified rotation site (see page 7).

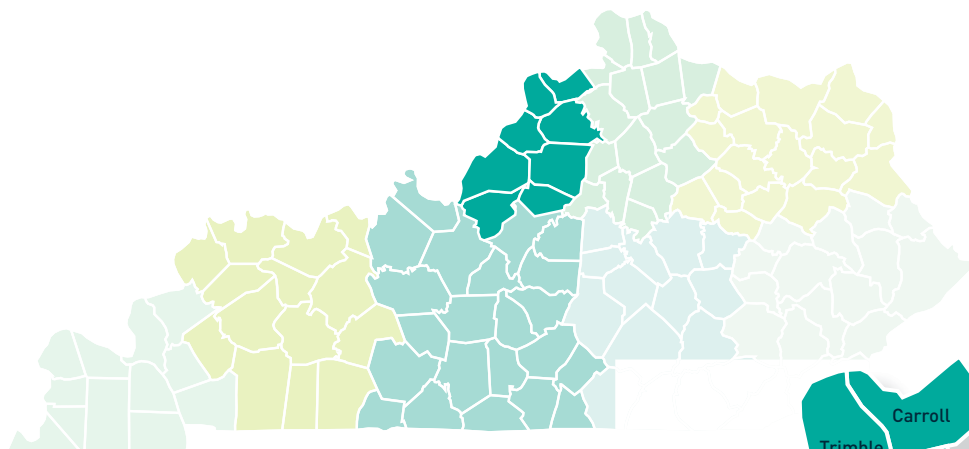
Credentialing of students

Rotation sites in physician offices and at hospitals require a variety of credentialing documents. The Clinical Coordinator will contact students prior to the beginning of the rotation for the information that is needed. All students should bring identification and copies of their immunization records with them. Please submit the necessary information in a timely manner or rotations may be cancelled.

Presentations/Community Education

The NC AHEC has various programs to promote health careers by working with middle school and high school students. While in the NC AHEC region, you may be asked to provide a presentation concerning health topics and/or professions.

NORTHWEST AHEC

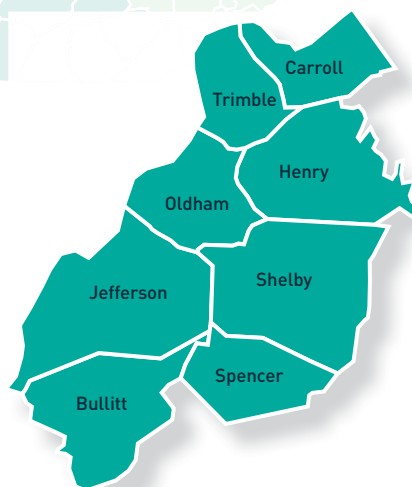


Northwest AHEC

Family Health Center – Portland
2215 Portland Ave, Suite 326
Louisville, KY 40212
Phone: (502) 778-1607
Fax: (502) 774-1833
www.louahec.org

Staff:

Brenda Fitzpatrick, Center Director
Kim Mapp, Health Professions Coordinator



Northwest AHEC Counties:

Bullitt	Carroll
Henry	Jefferson
Oldham	Shelby
Spencer	Trimble

NORTHWEST AHEC

History

NorthWest AHEC, originally West AHEC, was developed in January 1991 as Kentucky's first urban center physically housed in two federal qualified community health centers, Family Health Centers, Inc. and Park Duvalle Community Health Centers, Inc. Initially, West AHEC served the state's largest minority community – Louisville's West End. In the Fall of 1998, six additional counties were assigned to its service area including, Bullitt, Carroll, Henry, Shelby, Spencer, and Trimble. It was renamed NorthWest AHEC with an urban, as well as a rural focus.

About the Region

Contrary to popular belief, rotation sites in Louisville can be AHEC. Louisville AHEC sites are located west of 7th street to the river and north of Algonquin Parkway to the river. Our boundaries include zip codes 40203 (part of), 40210 (part of), 40211, and 40212. The NorthWest AHEC can also assign a rotation site to be an AHEC if the site serves a large underserved population (elderly, disabled, veterans, Medicare/Medicaid, etc). Rotations in the following counties are also considered AHEC: Bullitt, Shelby, Spencer, Henry, Carroll, Trimble and Oldham (part of).

NorthWest AHEC offers a unique clinical learning experience unlike anywhere else in the Commonwealth. Students can learn about the healthcare needs of the urban medically underserved amidst busy city streets and crowded neighborhoods. A short drive takes that experience to a small doctor's office in a quaint rural town among rolling hills and farmlands. A clinical rotation in Northwest AHEC means an opportunity to immerse in the tranquility and charm of small towns while embracing the excitement and diversity of the City.

NorthWest AHEC will provide students with additional demographic, health statistics and attractions information on the county where the rotation takes place once a rotation is confirmed.

Student Services

Rotation with NorthWest AHEC

The intent of an AHEC rotation is to broaden student's clinical education experience by exposing students to an off-site rotation in other counties in Kentucky. As a result, U of L third year family medicine rotations in NorthWest AHEC are reserved for students with extreme hardships (medical conditions, child care, etc.). If you believe you have a hardship that prevents you from doing a rotation in other AHEC regions, please discuss this with the U of L Family Medicine Department.



All other students can request an AHEC rotation by completing the AHEC Fact Sheet and return to the U of L/UK Central AHEC offices. A copy will be forwarded to the regional AHEC coordinator. The coordinator will work with the community based preceptor to set up a rotation and will contact you once a rotation is confirmed.

Housing

All 8 of the NorthWest housing sites are in private homes. This means students share a house with a host family for the duration of their rotation. Students will have a furnished private bedroom, either with a private or shared bathroom. All common space such as kitchen, living room and dining room are also shared. All of NorthWest AHEC housing sites are within 30 minutes of the rotation site.

UK Students: Students on approved NorthWest AHEC rotation will receive housing reimbursement in the amount of \$100 per week.

U of L Students: No housing reimbursements are available to U of L students since all NorthWest AHEC sites are commutable.

Mileage

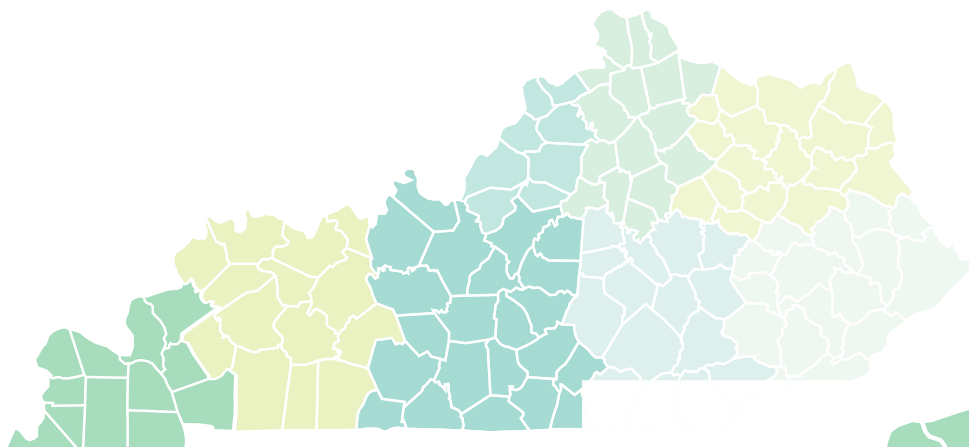
All UK students on approved AHEC rotation will receive a onetime payment of \$50 per each rotation. U of L students are not qualified for mileage reimbursement due to proximity of the AHEC sites.

Presentations/Community Education

NorthWest AHEC has various health career and health promotion programs in the community. While in the NorthWest AHEC region, you may be asked to provide a presentation(s) concerning health topics and/or professions.



PURCHASE AHEC

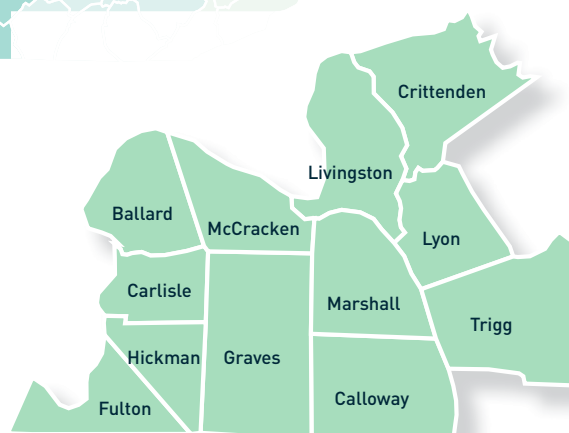


Purchase AHEC

Murray State University
Wells Hall, Room 225
Murray, KY 42071
Phone: (270) 809-4123
Fax: (270) 809-4125
purchaseahec.org

Staff:

Missy Stokes, Center Director
Janeen Winters, Education Coordinator



Purchase AHEC Counties:

Ballard	Hickman
Calloway	Livingston
Carlisle	Lyon
Crittenden	Marshall
Fulton	McCracken
Graves	Trigg

Major Cities & Hospitals in the clinical service area:

Wickliffe, KY – Ballard County: Baptist Health-Paducah and Lourdes
Murray, KY – Calloway County: Murray Calloway County Hospital
Arlington, KY – Carlisle County: Jackson Purchase Medical Center, Mayfield
Marion, KY – Crittenden County: Crittenden Health Systems
Mayfield, KY – Graves County: Jackson Purchase Medical Center
Eddyville, KY – Lyon County: Caldwell County Medical Center (out of service area)
Benton, KY – Marshall County: Marshall County Hospital
Paducah, KY – McCracken County: Baptist Health-Paducah and Lourdes
Cadiz, KY – Trigg County: Trigg County Hospital

PURCHASE AHEC

History

Murray State University serves as our host agency, and the School of Nursing and Health Professions is our academic home. The regional service area includes 12 counties in far western Kentucky: Ballard, Calloway, Carlisle, Crittenden, Fulton, Graves, Hickman, Livingston, Lyon, Marshall, McCracken and Trigg. Community partner organizations serve as our local connection to help identify needs, available resources and potential opportunities for development within the communities we serve.

About the Region

In addition to providing excellent training in a rural healthcare environment, the region is full of a variety of cultural and recreational activities that makes this a wonderful area to consider for practicing in the future. While your clinical experience is the primary focus of the time you spend in the region, this is an excellent opportunity to explore the many interesting aspects of our communities and culture. During your stay in the Purchase, take time to unwind by getting out and enjoying some of the beauty of the region.

There's a little something for everyone and even some unexpected (and unexplained) sites to visit.

Where else but western Kentucky could you:

- Visit a Mississippian archaeological site dating back to 1100 A.D.? (Wickliffe Mounds - Wickliffe, KY)
- See a massive anchor and elaborate trench system left from the Civil War? (Columbus-Belmont State Park - Columbus, KY)
- View a hotel whose guests included some of the biggest names in blues and jazz? (Paducah, KY - The Hotel Metropolitan)
- Step in to a simpler time by visiting an Amish Community Marion, KY - Amish Community]
- Watch "the strange procession that never moves" (Mayfield KY - Wooldridge Monuments)
- Bike, Boat, Fish, Swim...and when you tire of that, see Bison and Bald Eagles or eat 2" pork chops (Kentucky Lake & Lake Barkley)

And much, much more!



Student Services

Housing

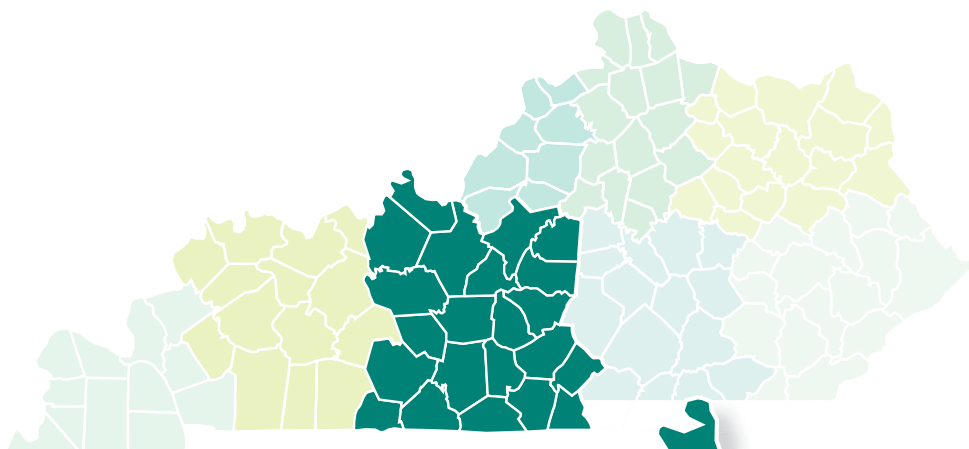
Living arrangements are available with host families for \$100 a week. Statewide policy is for housing to be paid up front when you arrive, regardless of whether you have picked up your stipend or not. The Housing fee you pay is solely for the convenience of staying in someone's home. You are responsible for your own meals, personal supplies and sundry items. Students have a private bedroom and bathroom, access to kitchen and utility room; most have Internet & Wi-Fi. Certain hosts do not have internet access, but are located in areas with strong public Wi-Fi presence. Hosts will allow you to be as interactive or as private during your stay, as you chose. The average commute from housing site ranges from 2 to 15 miles – most housing is within 5 miles of clinical rotations. While money does exchange hands, you are still a guest in someone's home. If you have questions regarding what is acceptable behavior during your stay, please discuss your concerns with the housing host first.

University Reimbursements for Purchase Rotations

Housing stipends are issued through the U of L and UK AHEC offices for the Purchase AHEC service region. U of L students will receive their compensation in their university account. UK students must make arrangements to pick up their stipend at the UK AHEC office prior to arrival — checks will be made to students, so plan to cash/deposit it before you leave, or write a personal one when you arrive.

- **Travel stipend - UK students only.** A one-time payment of \$100 is available at the end of your rotation, once your off site assessment survey is completed; and if applicable, your housing rent receipt signed by your host and returned to UK.
- **Drug Screen/Background Check reimbursement – U of L students only.** See page 8 for additional information.

SOUTH CENTRAL AHEC



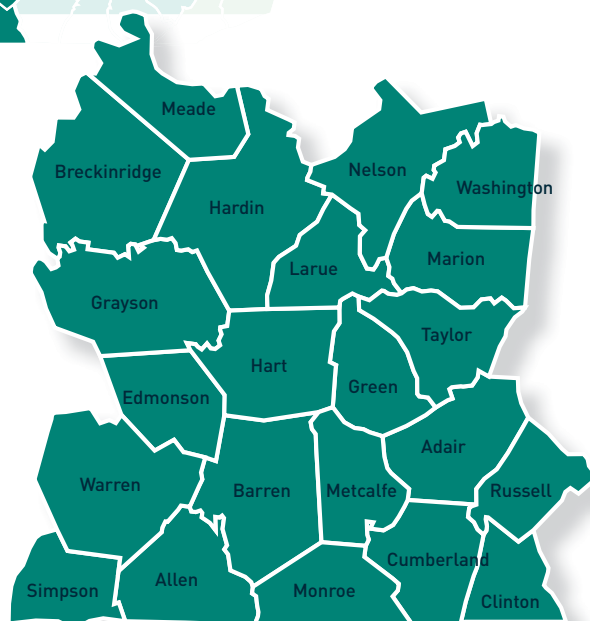
Area Health Education Center
South Central Kentucky

South Central AHEC

Western Kentucky University
1906 College Heights Blvd. #41038
Bowling Green, KY 42101-1038
Phone: (270) 745-3325
Fax: (270) 745-5928
www.wku.edu/scahec

Staff:

Catherine Malin, Center Director
Veronica Drake, Clinical Ed. Coordinator



South Central AHEC Counties:

Adair	Larue
Allen	Marion
Barren	Meade
Breckinridge	Metcalfe
Clinton	Monroe
Cumberland	Nelson
Edmondson	Russell
Grayson	Simpson
Green	Taylor
Hardin	Warren
Hart	Washington

SOUTH CENTRAL AHEC

History

South Central KY AHEC was founded on October 1, 1986 at Western Kentucky University in cooperation with the University of Louisville. Since the beginning, SC AHEC has been serving students of all ages by promoting health careers, coordinating clinical rotations, and providing continuing education courses.

About the Region

South Central AHEC serves 22 counties along the I-65 corridor. The counties are split between the Central Time Zone and the Eastern Time Zone. Our office, located in Bowling Green, is in the Central Time Zone. Each county has its local gems. Below are some of the more well-known attractions.

Bowling Green Attractions:

- Bowling Green, KY is home to Western Kentucky University. Help cheer on the Tops at a home game, or enjoy a concert by local musicians. To learn more about events at WKU, visit www.wku.edu.
- **National Corvette Museum and Plant:** Come learn about the history of Corvettes, an American sport car classic! The Corvette Museum has over 80 corvettes on display and several rotating exhibits.
- **Lost River Cave:** Take a boat tour into Lost River Cave. Learn about the geology and history of this local cave. Lost River Cave also has nature trails and special events. There is something for everyone at Lost River Cave.
- **Beech Bend Park and Splash Lagoon:** A family owned amusement park located in Bowling Green, KY. With classic roller coasters, a splash zone, campground, and a racetrack, the whole family is bound to have fun.
- There are numerous parks, restaurants, and shopping areas in Bowling Green, KY.
- **Mammoth Cave:** Visit Mammoth Cave National Park and take a tour of the world's longest cave system. Mammoth Cave National Park has lots of hiking trails, bike paths, and horse trails.



Elizabethtown Attractions:

- **Abraham Lincoln's Birthplace and Boyhood Home:** Visit the sites where Lincoln got his start.
- **Bourbon Trail Distilleries:** The "Bourbon Trail" covers all of the bourbon distilleries in Kentucky. There are several distilleries close to E-Town including Maker's Mark and Heaven Hill Bourbon Heritage Center.
- **Ft. Knox:** The well-known Army base is located just outside E-Town.

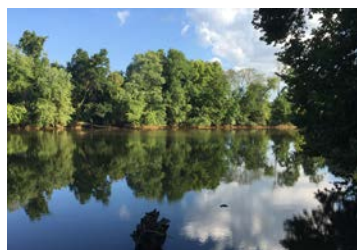
Student Services

Clinical Rotations

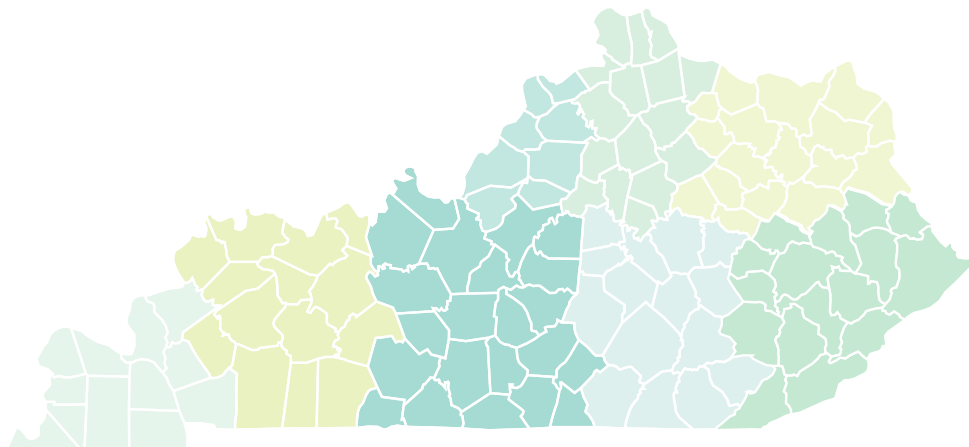
SC KY AHEC is dedicated to helping health professional students coordinate clinical rotations in our 22 county service area. Completing an away rotation helps broaden students' experiences and knowledge. It will also help prepare students for post-graduation life. SC AHEC will coordinate rotations for medical, dental, physical therapy, dietetics, physician assistant, communication disorders, and pharmacy students. SC AHEC will coordinate rotations for in-state and out-of-state students, but cannot assist foreign medical graduates in setting up rotations in our region.

Housing

U of L and UK students completing away rotations in our service area will be provided with housing in the community of their rotation. Housing sites in our region are private housing – meaning staying in someone's home. In most sites, students have a private bedroom, access to the kitchen, and most offer a private bathroom. Students must pay housing site \$100/week. Students are responsible for their own meals, cleaning, and abiding by the "house rules."



SOUTHEAST AHEC



Southeast AHEC

180 Taylor Ridge Rd.
Suite 101
Hazard, KY 41701
Phone: (606) 487-0135
Fax: (606) 487-0153
www.southeastkyahec.com

Staff:

Michael Gayheart, Center Director
Kathy Sampsell, Clinical Coordinator



Southeast AHEC Counties:

Bell	Leslie
Breathitt	Letcher
Clay	Magoffin
Floyd	Martin
Harlan	Owsley
Johnson	Perry
Knott	Pike
Lee	Wolfe

SOUTHEAST AHEC

History

The Southeast AHEC began in 1985. Healthcare students in training at the University of Kentucky and University of Louisville come to Eastern Kentucky for part of their clinical training. Students represent all health disciplines, including medicine, pharmacy, nursing, physical therapy, physician assistant and other allied health professions.

Interviews with students after they complete a rotation in Eastern Kentucky show that the students come away with an appreciation of up-to-date medical facilities, one-on-one teaching with their practitioners, the friendly, down-home people and the uniqueness of the area.

About the Region

Southeast Kentucky Area Health Education Center (AHEC) is located in the heart of Appalachian Kentucky, an area that is rich in scenic beauty and cultural traditions. The central office of the Southeast Kentucky AHEC is located in Hazard, Kentucky. Satellite offices are located at McDowell ARH in McDowell, Lee County Vocational School in Beattyville, and Southeast Kentucky Community & Technical College in Cumberland.

Our organization provides service to sixteen counties in eastern Kentucky. From clinical rotations in rural practice settings to health careers programming in our local school systems, our youth are being prepared to enter the healthcare workforce. In addition, Southeast Kentucky AHEC supports our local communities by offering continuing education opportunities to healthcare professionals, as well as, medical library services in the Hazard ARH Regional Medical Center.



Student Services

Clinical Rotations

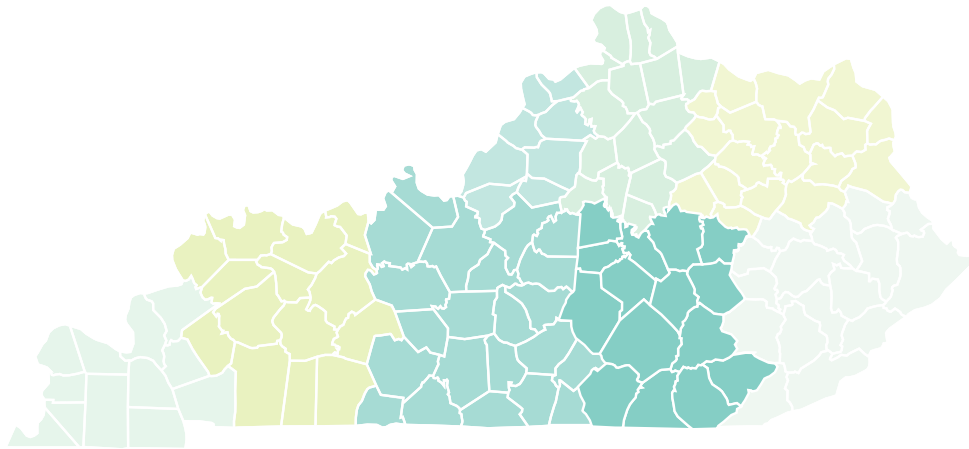
The Southeast KY AHEC offers a variety of rural clinical experiences for medical, dental, pharmacy, and allied health students in a variety of clinical settings for students from the University of Kentucky, the University of Louisville, University of Pikeville and Lincoln Memorial University. Health profession students from other colleges and universities will be accommodated when possible.

These clinical rotations take place in private practices, community health centers, and area hospitals in the sixteen counties of southeast Kentucky. Voluntary area physicians and health professionals serve as preceptors during these rotations supervising, teaching and guiding students through the clinical experiences.

Housing

A key service of the Southeast AHEC is to provide students with safe, comfortable, and affordable housing accommodations while on rotation. Accommodations range from guest rooms in private homes to apartment living. Most accommodations are located within minutes of the clinical site.

SOUTHERN AHEC



Southern AHEC

Rockcastle Hospital and Respiratory Care Center

P.O. Box 1770, 145 Newcomb Ave.

Mt. Vernon, KY 40456

Phone: (606) 256-0950

Fax: (606) 256-1066

www.soahec.org

Staff:

Kelly Owens, Center Director

Sherry Spragens, Clinical Education Coordinator



Southern AHEC Counties:

Boyle	Madison
Casey	McCreary
Estill	Mercer
Garrard	Pulaski
Jackson	Rockcastle
Knox	Wayne
Laurel	Whitley
Lincoln	

SOUTHERN AHEC

History

The Southern KYAHEC was established in 1987. We are administered through the University of Kentucky and hosted by Rockcastle Regional Hospital and Respiratory Care Center, Inc., in Mt. Vernon, Ky. Our service area includes 15 counties south of Lexington/Fayette County down to the Tennessee border. Interstate 75 intersects many of our counties allowing for easy access and commuting.

About the Region

Thirteen diverse hospitals are spread throughout the Southern KY AHEC region. From the nearly 300-bed Lake Cumberland Regional Medical Center to a 25-bed, critical access facility such as Marcum and Wallace Memorial Hospital in Irvine, a variety of clinical opportunities and experiences await. Southern AHEC host site Rockcastle Regional Hospital is home to the unique and nationally known Respiratory Care Center, soon to become the largest of its kind in the country.

In addition to the clinical and educational opportunities in the region, recreational activities also abound. Those partial to the outdoors will find a plethora of things to pique their interest. Shelton Trace Outfitters offers rafting, kayaking, hiking and more in the scenic Cumberland River area near Cumberland Falls, the "Niagara of the South." If the outdoors is not your thing, consider the arts and crafts mecca of Berea, the charming Bluebird Café in Stanford, or a tour of the historic Ephraim McDowell House in Danville. No matter your interests, there's a lot to do and see in the Southern AHEC region.



Student Services

This AHEC primarily serves:

- University of Kentucky (College of Medicine, College of Pharmacy, College of Health Sciences to include Physician Assistant Studies, Physical Therapy, Communication Sciences and Disorders)
- University of Louisville (School of Medicine, School of Dentistry)
- University of Pikeville (KY College of Osteopathic Medicine)

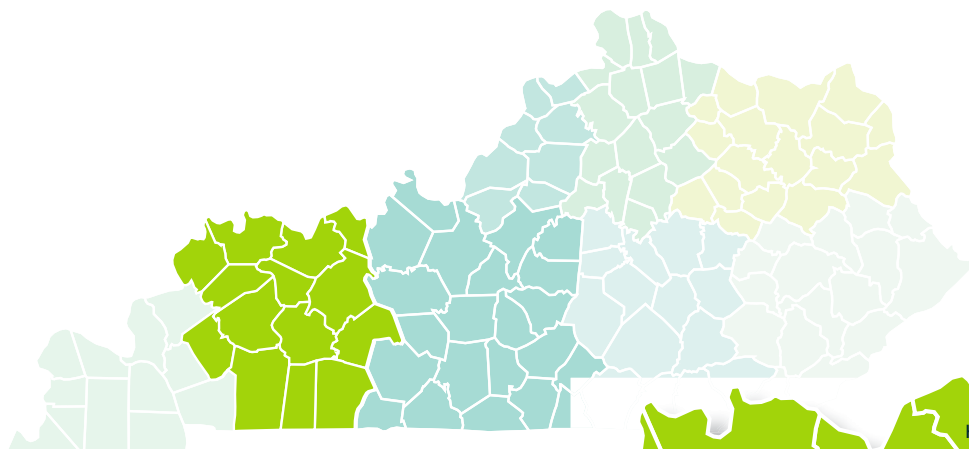
Housing

Living arrangements are available with host families. Housing varies from site to site, but may be a bedroom and bath on same floor as hosts, basement or garage apartment with separate entrance, house next door to family, etc. Currently, all housing hosts accept the \$100 per week university stipend from University of Kentucky and University of Louisville as payment in full for rent.

Credentialing

Credentialing requirements will differ between locations. Pertinent information is typically sent to the student two weeks or more in advance of the upcoming rotation with instructions and timeframe requirements. The SoAHEC Clinical Education Coordinator is available to support and assist students before and during their clinical rotations whether it be with the credentialing process, community involvement, or general information.

WEST AHEC



West AHEC

Baptist Health Medical Group
Medical Park 2, 200 Clinic Drive
Madisonville, KY 42431
Phone: (270) 824-3557
Fax: (270) 824-3457
www.baptisthealthmadisonville.com

Staff:

Martha Pleasant, Center Director,
Jamie Knight, Student Coordinator



West AHEC Counties:

Butler	Logan
Caldwell	McLean
Christian	Muhlenberg
Daviess	Ohio
Hancock	Todd
Henderson	Union
Hopkins	Webster

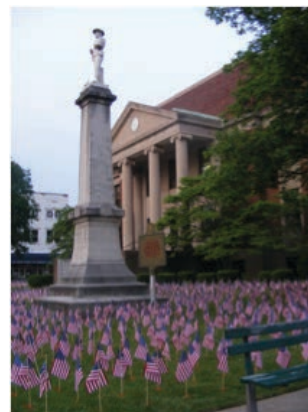
WEST AHEC

History

Established in 1986, the West Area Health Education Center program connects the academic health centers at the University of Kentucky and the University of Louisville with medically under-served communities throughout the Commonwealth to address Kentucky healthcare access problems. Our goal is to improve the recruitment, distribution and retention of healthcare professionals in our region and to improve the health of the communities we serve.

About the Region

The West Area Health Education Center covers 14 counties in mid-western Kentucky. The landscape is lush forests, rolling land with corn and bean fields and rich in coal. It is bordered by the Ohio River to the north and dissected by the Green River. The area is within easy driving to larger cities including Nashville, TN; Evansville, IN; & Louisville, KY. There are several major hospitals located within the West AHEC region, including Baptist Health Madisonville, Methodist Hospital, Methodist Hospital Union County, Owensboro Health Regional Hospital, Jennie Stuart Medical Center, Caldwell County Medical Center, Logan Memorial Hospital and two Community Health Centers. Parts of the region are designated as Health Professional Shortage Areas and Medically Underserved Areas. You can get a true sense of rural medicine in the West AHEC region, while also utilizing modern technology.



Student Services

Housing

If you are completing a clinical rotation in the Madisonville area, we have student apartments available. The U of L Junior Surgery students who are here for a specialized clinical rotation stay in our North Kentucky house. Students do not have to ask their universities for housing money if they are staying in the apartments or the house in Madisonville, because the West AHEC Office invoices each university on a quarterly basis. Housing in the other counties will be with families. There are some very nice homes and families where students can stay. If you are housed with a family, you are expected to ask for housing money through your university and to pay your housing host upon arrival.

Credentialing

If you are coming to the Baptist Health Madisonville hospital or clinic, you must bring a copy of a current TB skin test and a copy of your immunizations. Also, you will be asked if you have had the flu vaccine during flu season. Students completing rotations at Baptist Health and or the Baptist Health Medical Associates building must meet with the AHEC student coordinator prior to starting the rotation to complete paperwork.

Students who will be completing clinical rotations at the other hospitals in the area, i.e., Owensboro Health Regional Hospital, should start the paperwork for that hospital at least two weeks in advance. Please let your AHEC coordinator know early that you will be going to Owensboro Health Regional Hospital.

AHEC CONTACTS

Northeast KY AHEC

Jessica Caudill, MA
St. Claire Regional Medical Center
316 West 2nd St, Suite 203
Morehead, KY 40351
P: (606) 783-6469 | F: (606) 784-2767
Jessica.Caudill@st-claire.org
www.neahec.org

NorthWest AHEC

Kim Mapp
Family Health Centers, Inc.
2215 Portland Ave
Louisville, KY 40212
P: (502) 772-8184 | F: 502-774-1833
kmapp@fhclouisville.org
www.louahec.org

South Central AHEC

Veronica Drake
Western Kentucky University
1906 College Heights Blvd #41038
Bowling Green, KY 42101-1038
P: (270) 745-3325 | F: (270) 745-5928
veronica.drake@wku.edu
www.wku.edu/scahec/

Southern AHEC

Sherry Spragens
P.O. Box 1770
Mt. Vernon, KY 40456
P: (606) 256-0950 | F: (606) 256-1066
sspragens@soahec.org
www.soahec.org

North Central AHEC

Rose Mueller or Aime Rice
131 East 5th Street
Covington, KY 41011-1615
P: (859) 442-1194 | F: (859) 581-0589
rose.mueller@kctcs.edu
www.northcentralkyahec.org

Purchase AHEC

Janeen Winters
Murray State University
225 Wells Hall
Murray, KY 42071
P: (270) 809-4123 | F: (270) 809-4125
jwinters@murraystate.edu
www.purchaseahec.org

Southeast AHEC

Kathy Sampsell
180 Taylor Ridge Road, Suite 101
Hazard, Kentucky 41701
P: (606) 487-0137 | F: (606) 487-0153
ksampsell0001@kctcs.edu
www.southeastkyahec.com

West AHEC

Jamie Knight
Baptist Health Medical Group Medical
Park 2, 200 Clinic Drive Madisonville,
KY 42431
P: (270) 824-3502 | Fax: (270) 824-3457
Jamie.Knight@bhsi.com
www.baptisthealthmadisonville.com



Lisa Hatten

138 Leader Avenue, Room 144
Lexington, KY 40506-9983
P: (859) 323-1378 F: (859) 323-1043
Email: lisa.hatten@uky.edu
Main line: (859) 323-8018
<https://ahec.med.uky.edu>



Lynn Daugherty

500 S. Preston Street
Instructional B – Bldg.
Louisville, KY 40202
P: (502) 852-2759 F: (502) 852-5261
Main line: (502) 852-3317
Email: lawana.daugherty@louisville.edu
<http://louisville.edu/medicine/ahec>

UNIVERSITY OF KENTUCKY CONTACTS

Department	Coordinator	Phone	Email
Central AHEC Office	Lisa Hatten	(859) 323-1378	lisa.hatten@uky.edu
Anesthesia	Alex Hesler	(859) 218-0096	alexander.hesler@uky.edu
Communication Disorders	Kim West	(859) 257-0143	kimberlywest.uky.edu
Community Peds.	Jan Wilkins	(859) 323-2820	jan.wilkins@uky.edu
Dentistry	Vicky Rohall	(859) 323-5208	vmroha1@uky.edu
Diagnostic Radiology	Sally Jones	(859) 323-0693	sajone2@email.uky.edu
Dietetic/Nutrition Director (post graduate)	Patricia Cox (admin)	n/a	patricia.cox@uky.edu
Dietetic/Nutrition Food Science (undergrad)	Assistant	n/a	Ukdhn.cpd@gmail.com
EM	Dianna Black	(859) 323-5908	dianna.black@uky.edu
FM	Jenny Berelson (MD834) Josh Ward (FM841)	(859) 218-4848 (859) 257-4732	jenny.berelson@uky.edu joshua.ward@uky.edu
IM	Jon Gent	(859) 323-6540	jon.gent@uky.edu
Med Lab Science	n/a	n/a	n/a
NUR	Amy DelRe	(859) 323-7581	amy.delre@uky.edu
OB	Brian Judge	(859) 218-1661	brian.judge@uky.edu
Ophthalmology	Sherrie Fleckinstein	(859) 218-2641	slfleck@email.uky.edu
PA	Donna Jones	(859) 218-0498	ddjone1@email.uky.edu
PHR	Mike Richardson Holly Divine	(859) 323-3633 (859) 323-9332	mrich2@email.uky.edu holly.divine@uky.edu
Psych	Natalie Messner/James Norton	(859) 323-1001	natalie.messner@uky.edu
PT	Kara Lee	(859) 218-0591	kara.lee@uky.edu
Surgery	Margaret Kates Jamie Ward	(859) 323-5870	mlkate@email.uky.edu jcwa222@uky.edu

UNIVERSITY OF LOUISVILLE CONTACTS

Department	Coordinator	Phone	Email
Central AHEC Office	Lynn Daugherty	(502) 852-2759	lldaug01@louisville.edu
Anesthesiology	Cindy Jesse	(502) 852-5853	Cajess01@louisville.edu
Dentistry	Julie Drury	(502) 852-6529	Julie.Drury@louisville.edu
Diagnostic Radiology	Barbara Barnett	(502) 852-4900	B0barn02@louisville.edu
Emergency Medicine	Robin Thixton	(502) 852-1273	Reroll01@louisville.edu
Family & Geriatric Medicine	Anne Loop (3rd yr)	(502) 852-5314	Ajloop01@louisville.edu
Madisonville	Jo Whitsell Steve Fricker Pam Carter	(270) 824-3515 (270) 824-3538 (270) 824-3532	Jeannie.Whitsell@bhsi.com Steve.Fricker@bhsi.org Pam.Carter@bhsi.org
Medicine	Missy Klotz (4th yr)	(502) 852-5755	Kmklo01@louisville.edu
Internal Medicine (Resident Coordinator)	Julia Clinkenbeard	(502) 852-5666	Jdclin02@louisville.edu
Med-Peds (Resident Coordinator)	Jaclyn Elliott	(502) 852-4277	Jfhaye01@louisville.edu
Neurology	Dianna Todd	(502) 852-5536	Dgtodd01@louisville.edu
OB/GYN	Susan Jackson	(502) 561-7449	Ehmood01@louisville.edu
Ophthalmology	Erin Moody	(502) 852-0710	Damccu01@louisville.edu
Orthopedic Surgery	Monica Welsh	(502) 852-6902	Mawels02@louisville.edu
Pathology	Tassie Deppert	(502) 852-8235	Tadepp01@louisville.edu
Pediatrics	Debbie Vanderhoof	(502) 629-8819	Devand01@louisville.edu
Psychiatry	Miranda Sloan	(502) 852-5431	Mlvanw02@louisville.edu
Radiation Oncology	Denise Carney	(502) 561-2704	Djcarn01@louisville.edu
Surgery	Brenda Dawson	(502) 852-5676	Bsbeck01@louisville.edu
Student Affairs	Sherri Gary	(502) 852-5192	Slgary01@louisville.edu